



Dr. Lindsey Beck's Pre-Procedure Instructions

Joint injections including SI injections, hip injections, genicular knee blocks, or foot injections

Caution	Failure to follow these instructions will result in your procedure being cancelled. If you have questions, or if you are unable to keep this appointment and need to cancel or reschedule, call Bella at (406) 829-5584
Procedure Location	Missoula Bone & Joint 2360 Mullan Road, Suite A Missoula, MT 59808
Pregnancy	If you are pregnant, or think you may be pregnant, please notify our staff.
Driver	No driver required.
Fasting Protocol	No food intake restrictions.
Blood Pressure Medication	If you take blood pressure medication, do not stop. Take you BP medications as usual the morning of your procedure with a sip of water at least 2 hours prior to arrival.
Blood Thinners	It is ok to continue all blood thinners for joint injection procedures including hip injections, SI injection, foot injections or genicular knee blocks
Non-steroidal Anti-inflammatory Drugs (NSAIDs)	It is ok to continue all NSAIDs for lumbar procedures.
Antibiotics	If you are currently taking antibiotics, you must complete these entire dosage 7 days prior to your scheduled procedure. If you begin antibiotics, please contact Bella for instructions.
Travel after Procedure	Travel outside of the country is not recommended for 4 days after your procedure.
Fever, chills or rash	If you experience any fever, chills, rash, or open wounds during the one week prior to your procedure, please contact Bella (406) 829-5584