

ANTERIOR APPROACH FOR TOTAL HIP REPLACEMENT

Dr. Mark Channer offers patients the option of Anterior Approach for total hip joint replacement surgery. His patients are experiencing shorter hospital stays, earlier mobilization, and accelerated recovery with less pain.

Unlike traditional minimally invasive hip replacement techniques that access the hip from behind (posterior approach), the Anterior Approach accesses the hip from the front (anterior). With the Anterior Approach, the surgeon can go between the muscles that surround the hip joint, reducing trauma to the tissues. This results in quicker, earlier recovery with less pain in general.

The goal for the patient is to get them back to their normal activities pain free. You are not allowed to run or jump after a hip replacement. You may resume normal activities such as work, hiking, biking, swimming, riding horses, hunting, fishing and downhill skiing.

Doing daily exercises prior to surgery will help you after surgery, to walk sooner and recover more quickly—we call this Prehab. We will provide you with an exercise program for you to do at home. If you need further instruction you can visit with our Physician Extender at no additional cost.

Dr. Mark Channer is a board certified, fellowship trained, orthopedic surgeon. He has been specializing in total hip joint replacement surgery for over 18 years.

Questions? Please call with any questions or concerns. Call us directly:

Dr. Channer's orthopedic assistant at (406) 829-5573

Alex Ramsey's orthopedic assistant at (406) 829-5565.

To schedule an appointment our main clinic number is (406) 721-4436.

Missoula Bone & Joint
2360 Mullan Road, Suite C
Missoula, Montana, 59808
Phone: 406-721-4436
Fax: 406-721-6053



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